



All babies are different... but all babies cry.

The challenges of parenthood present themselves in lots of different ways. For most babies, the thing they all have in common is that they will cry.

It's okay to ask for help if you are worried or struggling to cope. Speak to a friend or relative, Health Visitor, GP or midwife.

If you are worried your baby is unwell contact your GP or call 111 or 999 in an emergency.

www.iconcope.org



Babies Cry, You Can Cope